



Little Bears Fundamentals Camp

Saturday June 3rd

Ross Wood, Buchanan High School's Head Football Coach and his staff will be hosting a one day youth fundamentals camp for current 1st through 6th graders. The camp is designed to introduce the fundamentals of football while creating a fun and competitive atmosphere. Camp will feature football instructions by Coach Wood, his staff and Buchanan High School Varsity football players.

Cost: \$25.00

- o Time- 10:00am-12:00pm Saturday June 3rd
- o Place- Buchanan Varsity Soccer Field (across from Buchanan pool)

Camp Day

10:00-10:15 Warm Up
10:15-11:15 Fundamental/Technique
11:15-11:45 Competitions
11:45-11:55 Team Stretch
12:00 Camp Ends

Questions contact Coach Wood:
rosswood@cusd.com

-Camp Cost \$25.00 - ABSOLUTELY NO REFUNDS!
Registration is due no later than 6/3/23

Please make checks payable to: **“Little Bears Fundamentals Camp”**

Player's Name _____ Parent's Name _____

Address _____ City _____ Zip _____

Phone # (_____) _____ Email _____

Current School Enrolled at: _____ Grade Entering Fall 2023: _____

In accordance with CIF bylaw 207, any athlete who transfers from School “A” to School “B” after having prior contact, during the previous 24 months, either directly or indirectly with school “B” prior to enrollment shall not be eligible at School “B” for 365 days from initial date of enrollment. This includes this camp, clinic, AAU, club team, and/or workouts.