

2024

March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	01	02	03
04	05	06	07	08	09	10
	BEAR STRONG ACADEMY 6:30-8:00am #1 Current Buchanan Students		BEAR STRONG ACADEMY 6:30-8:00am #2 Current Buchanan Students			
11	12	13	14	15	16	17
	BEAR STRONG ACADEMY 6:30-8:00am #3 Current Buchanan Students		BEAR STRONG ACADEMY 6:30-8:00am #4 Current Buchanan Students			
18	19	20	21	22	23	24
	BEAR STRONG ACADEMY 6:30-8:00am #5 Current Buchanan Students		BEAR STRONG ACADEMY 6:30-8:00am #6 Current Buchanan Students		SPRING BREAK!!!	SPRING BREAK!!!
25	26	27	28	29	30	31
SPRING BREAK!!!	SPRING BREAK!!!	SPRING BREAK!!!	SPRING BREAK!!!	SPRING BREAK!!!	SPRING BREAK!!!	SPRING BREAK!!!
01	02	NOTES				
		Position Specific Training done with Position Coaches and Players once to twice a week around players Spring Sports Schedule - Buchanan Students Only				

2024

April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01	02	03	04	05	06	07
SPRING BREAK!!!	Offensive Meetings Playbook Install Rooms 803/ 813 5-6pm		Defensive Meetings Playbook Install Rooms 803/ 813 5-6pm			Battlin' BEARS Youth Flag Football Camp 1:00-5:00pm **** 1st-6th GRADERS
08	09	10	11	12	13	14
BHS Spring Fundamental Camp #1 3:30-5:00pm	BHS Spring Fundamental Camp #2 5:00-6:30pm		BHS Spring Fundamental Camp #3 5:00-6:30pm			Battlin' BEARS Youth Flag Football Camp 1:00-5:00pm **** 1st-6th GRADERS
15	16	17	18	19	20	21
BHS Spring Fundamental Camp #4 3:30-5:00pm	BHS Spring Fundamental Camp #5 5:00-6:30pm		BHS Spring Fundamental Camp #6 5:00-6:30pm		Little Bears Camp 3rd-8th Graders 6pm-8pm Alta Sierra Under the Lights!	Battlin' BEARS Youth Flag Football Camp 1:00-5:00pm **** 1st-6th GRADERS
22	23	24	25	26	27	28
BHS Spring Fundamental Camp #7 3:30-5:00pm	BHS Spring Fundamental Camp #8 5:00-6:30pm		BHS Spring Fundamental Camp #9 5:00-6:30pm			Battlin' BEARS Youth Flag Football Camp 1:00-5:00pm **** 1st-6th GRADERS
29	30	01	02	03	04	05
BHS Spring Fundamental Camp #10 3:30-5:00pm	BHS Spring Fundamental Camp #11 5:00-6:30pm		BHS Spring Fundamental Camp #12 5:00-6:30pm			
06	07	Notes: Incoming 9th graders are welcome to join our April and May Spring Fundamentals Camp				

2024

May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	01	02	03	04	05
BHS Spring Fundamental Camp #10 3:30-5:00pm	BHS Spring Fundamental Camp #11 5:00-6:30pm		BHS Spring Fundamental Camp #12 5:00-6:30pm			
06	07	08	09	10	11	12
BHS Spring Fundamental Camp #13 3:30-5:00pm	BHS Spring Fundamental Camp #14 5:00-6:30pm		BHS Spring Fundamental Camp #15 5:00-6:30pm			
13	14	15	16	17	18	19
BHS Spring Fundamental Camp #16 3:30-5:00pm	BHS Spring Fundamental Camp #17 5:00-6:30pm		BHS Spring Fundamental Camp #18 5:00-6:30pm			
20	21	22	23	24	25	26
BHS Spring Fundamental Camp #19 3:30-5:00pm	BHS Spring Fundamental Camp #20 5:00-6:30pm		BHS Spring Fundamental Camp #21 5:00-6:30pm			
27	28	29	30	31	01	02
MEMORIAL DAY	BHS Spring Fundamental Camp #22 5:00-6:30pm		BHS Spring Fundamental Camp #23 5:00-6:30pm	HUME LAKE CAMP Varsity	HUME LAKE CAMP Varsity	HUME LAKE CAMP Varsity
03	04	Notes:				
Finals Week	Finals Week					

2024

June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27 MEMORIAL DAY	28 BHS Spring Fundamental Camp #22 5:00-6:30pm	29	30 BHS Spring Fundamental Camp #23 5:00-6:30pm	31 HUME LAKE CAMP Varsity	01 HUME LAKE CAMP Varsity	02 HUME LAKE CAMP Varsity
03 FINALS WEEK	04 FINALS WEEK FUTURE BEAR CAMP INCOMING FRESHMEN 3:30-5:00PM	05 FINALS WEEK FUTURE BEAR CAMP INCOMING FRESHMEN 3:30-5:00PM	06 FINALS WEEK FUTURE BEAR CAMP INCOMING FRESHMEN 3:30-5:00PM	07 FINALS WEEK	08 Fresno State 7on7 Camp Varsity Only	09 OFF
10 SUMMER WORKOUTS#1 7:30-11:00AM	11 SUMMER WORKOUTS#2 7:30-11:00AM	12 SUMMER WORKOUTS#3 7:30-11:00AM FUNDRAISER DISCOUNT CARD SALES STARTS	13 SUMMER WORKOUTS#4 7:30-11:00AM BHS INVITE: 4-6pm 7on7 Linemen 1on1	14 Attascadero Passing Tournament Varsity (Event Only, Must Travel)	15 Attascadero Passing Tournament Varsity (Event Only, Must Travel)	16 OFF
17 SUMMER WORKOUTS#6 7:30-11:00AM	18 SUMMER WORKOUTS#7 7:30-11:00AM	19 SUMMER WORKOUTS#8 7:30-11:00AM FUNDRAISER CARD BLAST&END 1-3PM	20 SUMMER WORKOUTS#9 7:30AM-11:00AM BHS INVITE: 4-6pm 7on7 Linemen 1on1	21 SUMMER WORKOUTS#10 7:30AM-11:00AM	22 Redwood 7 on 7 JV & Varsity	23 OFF
24 SUMMER WORKOUTS#11 7:30-11:00AM	25 SUMMER WORKOUTS#12 7:30-11:00AM Gear Distribution 2-4PM @ FIELD HOUSE	26 SUMMER WORKOUTS#13 7:30-11:00AM	27 SUMMER WORKOUTS#14 7:30AM-11:00AM BHS INVITE: 4-6pm 7on7 Linemen 1on1	28 OFF	29 OFF	30 OFF
01	02	Notes:				
		JUNE 20TH: PLAYERS MUST COMPLETE ELIGIBILITY PACKET TO RECEIVE FOOTBALL GEAR ON 6/25 OR TO PRACTICE ON 7/24				

2024

July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01 NO PRACTICE PLAYERS EXPECTED TO LIFT	02 NO PRACTICE PLAYERS EXPECTED TO LIFT	03 NO PRACTICE PLAYERS EXPECTED TO LIFT	04 NO PRACTICE PLAYERS EXPECTED TO LIFT	05 NO PRACTICE PLAYERS EXPECTED TO LIFT	06 PLAYERS OFF & COACHES OFF	07 PLAYERS OFF & COACHES OFF
08 NO PRACTICE PLAYERS EXPECTED TO LIFT	09 NO PRACTICE PLAYERS EXPECTED TO LIFT	10 NO PRACTICE PLAYERS EXPECTED TO LIFT	11 NO PRACTICE PLAYERS EXPECTED TO LIFT	12 NO PRACTICE PLAYERS EXPECTED TO LIFT	13 PLAYERS OFF & COACHES OFF	14 PLAYERS OFF & COACHES OFF
15 NO PRACTICE PLAYERS EXPECTED TO LIFT	16 NO PRACTICE PLAYERS EXPECTED TO LIFT	17 PRACTICE 7:30AM-11:00AM LIFT / PRACTICE	18 PRACTICE 7:30AM-11:00AM LIFT / PRACTICE	19 PRACTICE 7:30AM-11:00AM LIFT / PRACTICE	20 PLAYERS OFF & COACHES OFF	21 PLAYERS OFF & COACHES OFF
22 PRACTICE 7:30AM-11:00AM LIFT / PRACTICE	23 PRACTICE 7:30AM-11:00AM LIFT / PRACTICE	24 PRACTICE 7:30AM-11:00AM LIFT / PRACTICE	25 PRACTICE 7:30AM-11:00AM LIFT / PRACTICE	26 **PROGRAM PICTURES** 7:30AM-8:30AM	27 OFF	28 OFF
29 PRACTICE 7:15:AM-10:00AM ACCLIMATION BEGINS	30 PRACTICE 8:00AM-10:00AM 3:00PM-5:00PM	31 PRACTICE 7:15AM-10:00AM	01 PRACTICE 7:30AM-10:00AM 3:00PM-5:00PM	02 PRACTICE 7:150AM-10:00AM	03 OFF	04 OFF

05

06

Notes:

JULY 22ND: PLAYERS MUST HAVE THEIR ELIGIBILITY PACKET COMPLETED TO PARTICIPATE IN PRACTICE. MISSING DATES AFTER JULY 22ND WILL RESULT IN BEING BEHIND ON THEIR FOOTBALL EQUIPMENT ACCLIMATION AND MAY MISS COMPETING IN SCRIMMAGES OR GAMES.

2024

August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29 PRACTICE 7:30AM-10:00AM	30 PRACTICE 8:00AM-10:00 AM* 3:00PM-5:00PM*	31 PRACTICE 7:30AM-10:00AM*	01 PRACTICE 7:30AM-10:00AM 3:00PM-5:00PM	02 PRACTICE 7:30AM-10:00AM*	03 BHS FOOTBALL BANQUET 5:30PM-10:00PM @ V.M.B.	04 OFF
05 PRACTICE 7:30AM-10:00AM	06 PRACTICE 7:30AM-10:00AM	07 PRACTICE 7:30AM-10:00AM	08 PRACTICE 7:30AM-10:00AM* RED/BLUE SCRIMMAGE? 5:00-6:00PM FROSH/JV 6:00-7:00PM VARSITY	09 PRACTICE 7:30AM-10:00AM*	10	11 OFF
12 TEACHERS REPORT PRACTICE 7:00-8:00 LIFT 3:30PM-5:30PM	13 PRACTICE 7:00-8:00 LIFT 3:30PM-5:45PM	14 SCRIMMAGE HOME VS. GARZA FRESHMAN/JV 5:00PM VARSITY 6:30 PM	15 PRACTICE 3:15PM-5:45PM	16 PRACTICE 3:15PM-5:45PM	17	18 OFF
19 SCHOOL STARTS PRACTICE 3:30PM-5:45PM	20 PRACTICE 3:30PM-5:45PM	21 PRACTICE 3:30PM-5:45PM	22 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	23 vs. ST. PIUS ST. MATHIUS HOME	24 VARSITY FILM/FLUSH	25 OFF
26 PRACTICE 3:30PM-5:45PM	27 PRACTICE 3:30PM-5:45PM	28 PRACTICE 3:30PM-5:45PM	29 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	30 VS. KENNEDY AWAY	31 VARSITY FILM/FLUSH	01

02

03

Notes:

2024

September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	30 VS. KENNEDY AWAY	31 VARSITY FILM/FLUSH	01 OFF
02 LABOR DAY PRACTICE 3:15PM-5:45PM	03 PRACTICE 3:15PM-5:45PM	04 PRACTICE 3:15PM-5:45PM	05 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	06 VS EDISON-FRESNO HOME	07 VARSITY FILM/FLUSH	08 OFF
09 PRACTICE 3:15PM-5:45PM	10 PRACTICE 3:15PM-5:45PM	11 PRACTICE 3:15PM-5:45PM	12 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	13 VS LIBERTY AWAY @ BAKERSFIELD	14 VARSITY FILM/FLUSH	15 OFF
16 TEAM BONDING ACT. 3:15PM-5:00 PM	17 PRACTICE 3:15PM-5:45PM	18 PRACTICE 3:15PM-5:45PM	19 PRACTICE 3:15PM-5:45PM	20 BYE	21	22 OFF
23 PRACTICE 3:15PM-5:45PM	24 PRACTICE 3:15PM-5:45PM	25 PRACTICE 3:15PM-5:45PM	26 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	27 VS. PASO ROBLES AWAY	28 VARSITY FILM/FLUSH	29
30	01	Notes:				

2024

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	01	02	03	04 VS CLOVIS HIGH	05 VARSITY FILM/FLUSH	06 OFF
07 PRACTICE 3:15PM-5:45PM	08 PRACTICE 3:15PM-5:45PM	09 PRACTICE 3:15PM-5:45PM	10 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	11 VS CLOVIS WEST AWAY @ LAMONICA	12 VARSITY FILM/FLUSH	13 OFF
14 PRACTICE 3:15PM-5:45PM	15 PRACTICE 3:15PM-5:45PM	16 PRACTICE 3:15PM-5:45PM	17 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	18 VS CLOVIS NORTH HOME	19 VARSITY FILM/FLUSH	20 OFF
21 PRACTICE 3:15PM-5:45PM	22 PRACTICE 3:15PM-5:45PM	23 PRACTICE 3:15PM-5:45PM	24 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	25 VS. CLOVIS EAST HOME	26 VARSITY FILM/FLUSH	27 OFF
28 PRACTICE 3:15PM-5:45PM	29 PRACTICE 3:15PM-5:45PM	30 PRACTICE 3:15PM-5:45PM	31 PRACTICE 3:15PM-5:45PM	01 VS. CENTRAL AWAY	02 VARSITY FILM/FLUSH	03 OFF
04 PRACTICE 3:15PM-5:45PM	05	Notes:				

2024

November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28 PRACTICE 3:15PM-5:45PM	29 PRACTICE 3:15PM-5:45PM	30 PRACTICE 3:15PM-5:45PM	31 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	01 PLAYOFF WEEK #1/BYE IF BYE: NO PRACTICE	02 VARSITY FILM/FLUSH	03 OFF
04 PRACTICE 3:15PM-5:45PM	05 PRACTICE 3:15PM-5:45PM	06 PRACTICE 3:15PM-5:45PM	07 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	08 PLAYOFF WEEK #2	09 VARSITY FILM/FLUSH	10 OFF
11 VETERANS DAY PRACTICE 3:15PM-5:45PM	12 PRACTICE 3:15PM-5:45PM	13 PRACTICE 3:15PM-5:45PM	14 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	15 PLAYOFF WEEK 3	16 VARSITY FILM/FLUSH	17 OFF
18 PRACTICE 3:15PM-5:45PM	19 PRACTICE 3:15PM-5:45PM	20 PRACTICE 3:15PM-5:45PM	21 PRACTICE 3:15PM-5:00PM TEAM MEAL 5:30PM	22 Valley Championship	23 VARSITY FILM/FLUSH	24 OFF
25 P	26 R	27 A	28 C	29 T	30 I	01 C
02	03	Notes:				

2024

December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
25 P	26 R A	27 C T	28 I C E	29 STATE PLAYOFF GAME	30 VARSITY FILM/FLUSH	01 OFF
02 P	03 R A	04 C T	05 I C E	06 STATE CHAMPIOSHIP GAME	07 OFF	08 OFF
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	Notes:				